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The Rules of Family Building and the Ways to Protect it

All praise is due to Allah, the Lord of all worlds, Who says in His Ever Glorious Book, "And among His signs is that He created spouses from among yourselves for you to live with in tranquility: He ordained love and kindness between you. There truly are signs in this for those who reflect." I bear witness that there is no god but Allah, and that Muhammad is His Servant and Messenger. May Allah's Peace and Blessings be upon him, his Household, Companions and upon those who follow their path to the Day of Judgment.

The existence of a family in one's life is one of the greatest blessings of the Almighty Allah Who said in the Qur'an, "And it is Allah who has given you spouses from amongst yourselves and through them He has given you children and grandchildren and provided you with good things. How can they believe in falsehood and deny God's blessings."

Family is the nucleus of society, and its first means of protection. This is why Islam is very keen on building it on strong and coherent foundations in order to achieve affection and compassion among all its members. The Islamic Shari'ah urges spouses to select their partners very cautiously in order to achieve stability in the marital life. The Shari'ah also focused on the condition that every partner must be able to bear all family responsibilities either the financial, social or psychological ones. The Prophet (PBUH) said, "O young men, Whoever among you can afford to get married, let him do so, for it keeps you from looking at strange women and preserves you from immorality; and whoever cannot afford it should fast, for it is a means of suppressing sexual desire."

The Islamic Shari'ah emphasized the importance of raising children properly, and letting them realize their responsibility towards their religion, society and homeland, in order to establish a strong and balanced family, by instilling religious and societal values and the beneficial customs in the hearts of children because they are a responsibility put on the parents' shoulders. The Almighty Allah said, "**Believers, guard yourselves and your families against a Fire fueled by people and stones**." The Prophet (PBUH) said, "Indeed Allah will question everyone who is responsible for his charge: has he preserved his responsibility or failed to keep it, until He questions a man about his family." In addition, the goodness of the children is a source of happiness for their parents in this life and in the Hereafter. Allah the Almighty said, "Those who pray, 'Our Lord, give us joy in our spouses and offspring. Make us good examples to those who are aware of You." The Prophet (PBUH) said, "When a man dies, his deeds come to an end, except for three: a continuous charity, knowledge by which people derive benefit, and a pious son who prays for him."

The Prophet (PBUH) showed us that the best of people either among men or women is the one who is best for his family. The Prophet (PBUH) said, "The best of you is he who is best to his family." The Prophet (PBUH) was the best one for his family; he was the best husband, the best father, and the best grandfather. One who bears no goodness for his family, will not bear goodness for anyone else.

All praise is due to Allah, Lord of the Worlds; may Allah's Peace and Blessings be upon Prophet Muhammad (PBUH), his companions and followers: -

In fact, Islam pays much attention to preserving family as a coherent entity based on love, respect and mutual appreciation. When reviewing the Quran, one finds that the Qur'an uses the word *Zawj* (one of the spouse) for both the man and the woman, without using the word *zawjah*. It is as if the Quran equates verbally and morally between them. Allah said, "**They are** [close] as garments to you, as you are to them." Allah also said, "Wives have [rights] similar to their [obligations]." In another Ayah Allah said, "Men have the portion they have earned; and women the portion **they have earned**." The prophet (PBUH) said in his Farewell Sermon, "You have rights over your wives and they have their rights over you."

The relationship between the two spouses is based on tranquility, affection, compassion, and mutual rights and duties, away from all forms of superiority. The family life cannot go in an atmosphere of predominance, superiority and oppression, but in an atmosphere of appreciation and mutual respect, and the attempt of all parties to create happiness, endure difficulties and face challenges. Abu Al-Dardaa' once said to his wife: "When you find me angry, try to please me, and when I find you angry, I'll try to please you. Otherwise, we will not continue our life."

How it is beautiful that families have a quiet, happy and stable life in order to get happiness in this world and in the Hereafter!

O Allah, give us joy in our spouses and offspring, and make us good examples to the pious people!